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Title 22@ Social Security

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Division 3@ Health Care Services

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Subdivision 1@ California Medical Assistance Program

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Chapter 5@ ADULT DAY HEALTH CARE

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Article 4@ SERVICES AND STANDARDS

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Section 54309@ Required Services

54309 Required Services

(a)

Each adult day health center shall provide directly on the premises, at least the following services: (1) Rehabilitation services, including: (A) Physical therapy as specified in Section 54313. (B) Occupational therapy as specified in Section 54315. (C) Speech therapy as specified in Section 54317. (2) Medical services supervised by either the participant's personal physician or a staff physician or both. (3) Nursing service, including: (A) Skilled nursing care rendered by a professional nursing staff, who evaluate the particular nursing needs of each participant and provide the care and treatment indicated. (B) Self-care training and services oriented toward activities of daily living and personal hygiene, such as toileting, bathing and grooming. (4) Nutrition services, including: (A) A minimum of one meal per day which is in accordance with the requirements stated in Section 54331. Therapeutic diets and supplemental feedings shall be available if therapeutically indicated. (B) Dietary counseling and nutrition education for participants and their families. (5) Psychiatric and psychological services including: (A) Consultation. (B) Individual assessment. (C) Supervision of treatment by a psychiatrist, psychologist, psychiatric social worker or psychiatric nurse, when indicated. (6) Medical social services to participants and their families to help with personal, family and adjustment problems that interfere with the effectiveness of treatment. (7) Planned recreational and social activities suited to

the needs of the participants and designed to encourage physical exercise to prevent deterioration and to stimulate social interaction. (8) Nonmedical and medical transportation service for participants, only if necessary, to and from their homes. Specially equipped vehicles shall be utilized when medically necessary to accommodate participants with severe physical disabilities that limit mobility.

(1)

Rehabilitation services, including: (A) Physical therapy as specified in Section 54313.

(B) Occupational therapy as specified in Section 54315. (C) Speech therapy as specified in Section 54317.

(A)

Physical therapy as specified in Section 54313.

(B)

Occupational therapy as specified in Section 54315.

(C)

Speech therapy as specified in Section 54317.

(2)

Medical services supervised by either the participant's personal physician or a staff physician or both.

(3)

Nursing service, including: (A) Skilled nursing care rendered by a professional nursing staff, who evaluate the particular nursing needs of each participant and provide the care and treatment indicated. (B) Self-care training and services oriented toward activities of daily living and personal hygiene, such as toileting, bathing and grooming.

(A)

Skilled nursing care rendered by a professional nursing staff, who evaluate the particular nursing needs of each participant and provide the care and treatment indicated.

(B)

Self-care training and services oriented toward activities of daily living and personal hygiene, such as toileting, bathing and grooming.

(4)

Nutrition services, including: (A) A minimum of one meal per day which is in accordance with the requirements stated in Section 54331. Therapeutic diets and supplemental feedings shall be available if therapeutically indicated. (B) Dietary counseling and nutrition education for participants and their families.

(A)

A minimum of one meal per day which is in accordance with the requirements stated in Section 54331. Therapeutic diets and supplemental feedings shall be available if therapeutically indicated.

(B)

Dietary counseling and nutrition education for participants and their families.

(5)

Psychiatric and psychological services including: (A) Consultation. (B) Individual assessment. (C) Supervision of treatment by a psychiatrist, psychologist, psychiatric social worker or psychiatric nurse, when indicated.

(A)

Consultation.

(B)

Individual assessment.

(C)

Supervision of treatment by a psychiatrist, psychologist, psychiatric social worker or psychiatric nurse, when indicated.

(6)

Medical social services to participants and their families to help with personal, family and adjustment problems that interfere with the effectiveness of treatment.

(7)

Planned recreational and social activities suited to the needs of the participants and designed to encourage physical exercise to prevent deterioration and to stimulate social interaction.

(8)

Nonmedical and medical transportation service for participants, only if necessary, to and from their homes. Specially equipped vehicles shall be utilized when medically necessary to accommodate participants with severe physical disabilities that limit mobility.